

## Summer/Fall 2008

The Havenwoods State Forest grounds are open from 6:00 am to 8:00 pm daily. The Environmental Awareness Center is open from 7:45 am to 4:30 pm Monday through Friday. The building is open every Saturday from 9:00 to noon or later during the summer.

All events listed below will begin in the Environmental Awareness Center located at 6141 N. Hopkins Street (one Block west of Sherman Blvd. on Douglas Ave.), unless otherwise noted. Registration is required only where indicated in program descriptions. Admission to programs is free unless otherwise noted. Please call (414) 527-0232 for further information.



### Special Event

#### Learn the Sky with your Naked Eye

October 31, 6:00 – 6:45 pm (Friday)

Stargazing at 7:00 pm

Join Mary and Joe Glover to learn about the night sky - at night! Come first and learn how to use a star chart, look for constellations, and find the North Star. After the program, we will go outside and look for the stars we just learned about. If you have already participated in this program, just meet us outside to look for the stars.

### Family Programs

#### Winter Birds

November 1, 10:30 am – 12:00 noon (Saturday)

Join us to learn about birds and their winter feeding needs. Dress warmly to spend part of the morning looking for birds. We'll also make some simple feeders you can hang in your backyard.



## Programs at Havenwoods

#### Rocks!

December 6, 10:30 am – 12:00 noon (Saturday)

Have you ever picked up a rock and wondered just what type it was? Discover the stories that rocks tell about the past, do experiments, and look at fossils. Come have a rockin' time.

### Discovery Saturdays

These activities are for everyone! Just drop in the building anytime between 9:00 am and noon to participate in the fun.

#### Fall Seeds

October 11, 9:00 – 12:00 noon (Saturday)

Look closely in the woods and fields, and you'll find seeds that are waiting to grow into next year's plants. Stop in to pick up a seed bingo card, then head outside to see what kinds of seeds you can find.

#### Make an Animal Call

November 8, 9:00 – 12:00 noon (Saturday)

Make a simple animal call. Try your call outside at Havenwoods and see what wildlife you can attract.

#### Visit With a Turtle

December 13, 9:00 – 12:00 noon (Saturday)

Spend some time inside visiting with the turtles at Havenwoods.. We will have our ornate box turtle out for you to meet, and you'll make a turtle to take home.



### One Wild Saturday Morning Drop-ins

You and your family or youth group can drop in between 9 am and noon to discover cool things about nature through hands-on activities, experiments, crafts, games, and picture books.

#### Bones

October 18, 9:00 – 12:00 noon (Saturday)

All vertebrate animals have bones - femurs, ulnas, tibias, and many more. Drop in and assemble some skeletons, make a skeleton to take home, compare some different animal skeletons, and more.

(Continued on next page)

## Summer/Fall 2008

### White-tailed Wonders

November 15, 9:00 – 12:00 noon (Saturday)  
Deer are on the move this time of year. Drop in to learn how deer use their senses and how they communicate, turn yourself into a deer, and more.

### Owls: Night Hunters

December 20, 9:00 – 12:00 noon (Saturday)

Havenwoods is home to several kinds of owls. Drop in and dissect an owl pellet, learn how owls find their prey in the dark, make an owl puppet, and more.



## Preschool Storytimes

### Chipmunks on the Move

October 21, 9:30 – 10:30 am (Tuesday)  
Now you see them, now you don't! Find out why chipmunks are busy this time of year.

### Bats Eat Bugs

November 4, 9:30 – 10:30 am (Tuesday)



Halloween bats might look scary, but real bats are great neighbors. Come find out how they eat mosquitoes and fly in the dark.

## Programs at Havenwoods

### Hide and Seek

November 18, 9:30 – 10:30 am (Tuesday)  
Some animals blend in while others stand out. Let's explore the wonderful colors of wild animals.

### Go Fish!

December 2, 9:30 – 10:30 am (Tuesday)  
Fish are very different from people – and that's what makes them so interesting! Join us to discover why fish are fun.

### Be-Kind-to-Earth Gifts

December 16, 9:30 – 10:30 am (Tuesday)  
We'll make gifts from recycled materials. You'll have fun making them and giving them away!

### Wild Animals Really Don't Act Like People

December 30, 9:30 – 10:30 am (Tuesday)  
Sometimes books and movies show wild animals doing make-believe things. We'll explore the differences between "real" and "make-believe".



Wisconsin Department of Natural Resources  
Havenwoods State Forest  
Milwaukee, Wisconsin 53209

## Save, Reduce Waste, Consider this . . .

**P**eople use trillions of plastic grocery bags every year to carry their purchases home. Here are some staggering facts about the consumption of plastic bags, as well as the effects on the environment.

- Each year, an estimated 500 billion to 1 trillion plastic bags are used worldwide

- According to the EPA, over 380 billion plastic bags, sacks, and wraps are consumed in the U.S. each year.
- Plastic bags don't biodegrade, they *photodegrade* - break down into smaller toxic bits contaminating the soil and waterways.



Plastic bags costs retailers \$4 billion a year to supply customers.

What can you do? Carry reusable shopping bags. Most grocery stores now will give you a \$.05 credit for every reusable bag you bring with you. Check out

<[www.reusablebags.com](http://www.reusablebags.com)> for more information.

## **Board Member Profiles**

By

**Lou Jane Gatford**

Back in 1982, current Board Member Dave Myers stopped by Havenwoods one Saturday morning to see what the recycling program was all about. Army Reserve buddy Glenn Weiermann was manning several recycle dumpsters, so Dave decided to hang around and give him a hand. Many "recycled donuts" (Glenn served two or three day old donuts) later, Dave is still hanging around as a valuable asset to the Friends of Havenwoods.

Recycling is a passion with Dave. "During my 25 years with the US Army, I've had several opportunities to travel outside the country," he said. "People in many parts of the world are struggling to survive, while Americans tend to be wasteful and not appreciate how blessed we are with abundance."

While serving on an active duty assignment at the Silver Spring Drive Army Reserve Center in October, 1984, Dave was asked to become a FOH Board Member representing the U.S. Army. At the time, there were a number of issues between Havenwoods and the Army that needed attention. Since he already was a member, it made sense.

During the next three years, these issues were resolved to everyone's satisfaction. Dave could have left, but decided to hang around and help with some other problems.

In 1987, he took over the editorship of the FOH newsletter, *Horizons* from Glenn Weiermann so Glenn could spend more time on his duties as FOH President. The

newsletter was expanded to its present format under Dave's creative style. Then, in 1996, the present editor, Gaylord Yost, volunteered to take over the responsibility of writing and publishing the newsletter.

Noting the growing need for funds to support the state forest, Dave decided to take an active role in running the FOH sales counter.



In the last few years, profits from counter sales have provided a significant portion of the money used by FOH to fund special programs and materials

used to help educate the Forest's visitors about conservation and recycling.

Currently Dave is completing research on a manuscript covering the history of military railroads, tentatively scheduled for publication in the summer of 2010. It will be his third book.

"Military history is a major passion of mine," says Dave, "but hanging around Havenwoods and being of help as a board member is also right up there."

### ***FOH Annual Meeting***

All members of FOH are invited to attend the 2008 Annual Membership meeting scheduled for October 14th. The meeting begins at 6:30 P.M. and will be held in the classroom. The FOH Board of Directors will be meeting directly after the Annual meeting is over. All FOH members are invited to attend that meeting also.

Please Remember FOH  
In Your Will!

Your estate gift will be added to the endowment fund which provides annual income to help with special projects and improvements at Havenwoods State Forest. Yours will be a gift that keeps on giving! You may donate cash, stocks, bonds, life insurance, property, or residue from your estate.

## **The Havenwoods Endowment Fund**

**Created in 2001 to  
establish a supplementary  
funding source for  
Havenwoods  
State Forest and  
Environmental  
Awareness Center.**

**The fund is now  
open to receive  
your tax deductible  
donation.**

**Help the  
Friends of Havenwoods  
provide a stable  
alternate funding source for  
Forest projects and programs!**

**Mail your check to  
Friends of Havenwoods  
6141 N. Hopkins Street  
Milwaukee, WI  
53209-3565**

**Mark it for the  
Endowment Fund.**

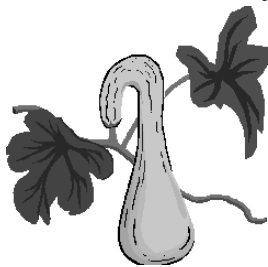
# Eating — a different way to protect the environment

by Sue Johansen

Environmental Education Specialist

Working at an environmental center I receive lots of information on ways to protect the environment. There is information on water conservation, such as placing rain barrels on our downspouts. There is information on how we can reduce waste and pollution by using reusable items, such as water bottles or cloth bags. But, what I really don't see too much of is how the choices of food we make can also help the environment.

Most people think of organic farming, where no chemicals or pesticides are used, when they think of



protecting the environment. However, organic farming is just one aspect of how our

food choices can help protect our natural resources. There are other ways, without going organic, that we can reduce waste, pollution, and your "eco-footprint". By choosing to purchase locally grown food, organic or not, we are helping the environment.

Food is being produced and shipped more globally than ever before, and the production and distribution of our food is becoming quite resource intensive. It is estimated that food production alone is using half of the planet's ecological capacity (*Eating Up the Earth: How Sustainable Food Systems Shrink Our Ecological Footprint*).

One of the advantages to having food shipped all over the world is that

we can eat strawberries in the middle of December or find grapes in the middle of February. We no longer



need to eat food when it is in sea-

son and can find produce like strawberries year round. The environmental price to this is there is a lot of gas and oil being consumed to bring us these products year round.

On average, our produce travels approximately 1,500 miles from farm to our plates, and processed foods travel an average of 1,300 miles.

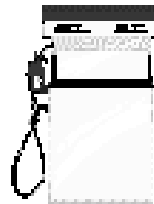
That's a long way for our food to travel! In the United States, it is estimated that ten percent of all fossil fuel consumed is from the processing, transportation, storage, and preparation of our food (September issue of *Exchange*, Outpost Natural Foods).

We can help reduce this high consumption of gas and oil by trying

to purchase food that was grown locally. A study done in Iowa found that people who purchased food

that was grown more regionally consumed 17 times less oil and gas than those who had a typical diet based on food shipped across the country. ([100milediet.org](http://100milediet.org))

Supporting our local farms also helps protect land, which helps protect our natural resources. Most large industrial, or factory, farms do not have the reputation of being environmentally-friendly. These farms usu-



ally take from the environment and do little to protect the natural resources on or around the farm. Large-scale farming operations often degrade the soil and pollute air and water through the mismanagement of manure and the uses of chemical pesticides and fertilizers.

The Environmental Protection Agency (EPA) reports over 35,000 miles of rivers in 22 states have been polluted by waste generated from just animal agriculture. Family-owned farms, unlike large industrial ones, use practices that help them be responsible stewards of the land, since the families usually live on the farms, rather than just work on them. They want to protect their lands for their future generations and often use farming practices that help protect rather than degrade the soil, air, and water.

Food production, to me, is an interesting and often over-looked environmental issue. As a society, we have become removed from how our food is grown and where it comes

from. Although it is nice having apples year-round or fresh strawberries in December, these "luxuries" are adding to the world's climate change and are depleting our natural resources. So, before the cold weather hits and the frost comes, head out to your local farmers' market and support an environmental movement of a different sort – purchase locally grown food. Oh, and don't forget to take a reusable bag or two with you, too.



# F.O.H. Depends On These Corporate Supporters

**HERCULES**

**M&I Bank**

American Tree Experts

Stano Landscaping



Florist Avenue Lutheran Church



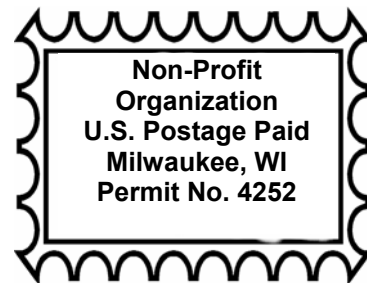
**Wachtel** TREE SCIENCE & SERVICE INC.

Bay Shore Town Center

Walthers Model Railroad Equipment

F.O.H. Extends Its Sincere Thanks For Your Loyal Support!  
*WE COULDN'T DO IT WITHOUT YOU.*

Friends of Havenwoods, Inc.  
6141 North Hopkins Street  
Milwaukee, WI 53209-3565



RETURN SERVICE REQUESTED



**Friends of Havenwoods Annual Meeting Scheduled for October 14**  
**All members and friends are invited to attend.**